

## Eat Your Art Out

Artists such as Anselm Kiefer have used food in their art in both symbolic gestures and radical explorations for new materials. Follow the steps below to create your own work of art using pantry staples.

### Materials:

- Foodstuff (for example, beans, rice, seeds, popcorn kernels, nuts)
- Glue
- Cardboard
- Artwork printout (optional)

### Steps:

- Cut the cardboard to your desired size to use as the base of your artwork.
- Sketch an original design on the cardboard or print out a landscape from the DMA's collection and paste it down on the base. Leave room around the edges if you'd like to add a border at the end.
- Collect foodstuff in a variety of shapes, sizes, and colors. If you are following a printed image, consider changing the color palette.
- Add glue to one section or shape of your picture at a time so it doesn't dry out while you are working. Apply larger pieces of food one by one. Scoop up smaller pieces, like seeds, with a spoon and pour them on.
  - **TIP:** Define or outline areas of your picture by placing contrasting colors next to each other.
- Once the glue is completely dry, tilt the base and allow the excess foodstuff to fall off. Touch up your picture where desired.



# VIRTUAL DATE NIGHT

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