

A NATURAL BEAUTY

Civilizations have used natural ingredients as part of their everyday beauty and wellness routines since ancient times. Take inspiration from our collection to create your own at-home spa experience.

Rose Water

This flask is part of a 17th-century toilet set that a groom would have given his bride for their wedding. During the Renaissance, when bathing was a less consistent practice, perforated jars such as this were a highly desirable luxury. They contained fragrant oils, powders, and ointments that people would release into the air or dose on their body as an act of personal hygiene and etiquette. One of the most widely popular tonics was rose water, which has been used since ancient Egypt to fight bad odors.



Scent flask
Robert Cooper
1675

Rose Water Recipe

Ingredients:

- 4–5 roses
- Ice cubes
- Small bowl
- Saucepan with lid
- Glass container



Instructions:

1. Pull petals off the stems and rinse them.
2. Place a small bowl in an empty saucepan. Add the rose petals around the bowl. Do not place petals in the bowl. This is where the rose water will collect.
3. Add enough water to cover the petals, but don't get any in the bowl.
4. Heat the saucepan and bring water to a simmer. Cover with the lid, upside down. The upside-down lid will help catch the rose water vapor.
5. Add ice cubes to the top of the saucepan lid. As soon as the ice melts, add more. This helps with the condensation of the evaporated rose water.
6. In about 30 minutes, the rose water should have condensed into the bowl in the middle of the saucepan.
7. Carefully remove the bowl from the saucepan.
8. Pour the rose water into a clean glass container. Store in a cool dry place. The rosewater will last 3–4 months.

Matcha Moisturizer



Tea infuser
Milne & Campell
About 1770

Tea was introduced to Europe during the early 17th century. It was first imported from China as an exotic medicine, and then considered a safe alternative to alcohol, before finally becoming a mass-consumed beverage. This 18th-century silver tea infuser was likely part of a larger tea set used by Europeans and Americans in the early colonies. One of the staple teas of that time, green tea has long been recognized for its health benefits.

Ingredients:

- 1 cup coconut oil
- Leaves from 2 teabags of green tea
- 2 teaspoons matcha powder
- Saucepan
- Cheesecloth
- Fork/whisk
- Jar/container

Instructions:

1. Place coconut oil in saucepan, allowing oil to melt on low.
2. Once oil has melted, add matcha powder and green tea leaves.
3. Allow ingredients to simmer on low in saucepan for 1 hour.
4. Remove saucepan from stove and allow the oil to cool but not harden.
5. Strain the oil into a bowl, using the cheesecloth to catch the tea leaves.
6. Using a fork, whisk the oil until it begins to harden, about 5 minutes.
7. Let oil cool completely. Place bowl in freezer 15 minutes to speed cooling.
8. Whisk the cooled oil for 1–2 minutes, until moisturizer resembles lotion.
9. Transfer moisturizer into a jar or container for storage.



Sugar Scrub



Lunar sugar bowl
International Silver Company
1963

Speaking of tea, a silver tea set would not be complete without a sugar bowl. Designed in 1963, this *Lunar* sugar bowl features sleek lines inspired by the space race. Throughout time and across the world, cultures have used abrasive materials like ground shells, seeds, and sugar to exfoliate the skin, revealing a smooth and youthful glow.

Ingredients:

- 1 cup sugar
- ¼ cup honey
- 2 tablespoons jojoba oil
- Jar/container

Instructions:

1. Add ingredients to a medium bowl.
2. Stir ingredients together with a rubber spatula, incorporating completely. Mixture should be even in color and slightly clumpy.
3. Transfer mixture to a jar or container for storage.
4. To use: Scoop scrub out with a spoon into hands. Gently massage into skin and rinse off, using a washcloth if desired.

